



Earth Care Group 2020

Consider: is engagement with the world’s problems a distraction from our personal spiritual practice, or does it illuminate it? How can we contribute locally, and personally and how might we relish a practice in nature?

“Engagement in the world is how our individual awakening blossoms and how contemplative practices such as meditation ground our activism, transforming it into a spiritual practice”

from ‘ECODHARMA: Buddhist Teachings for the Ecological Crisis’ 2018 David Loy

Meeting Dates:

Date	Time	Location	
Sunday, February 16	11:00 AM - 12:30 PM	IMC meditation hall, 108 Birch Street, Redwood City 650-599-3456	<ul style="list-style-type: none"> will include inspiring guided meditation on the earth recorded by Bikkhu Analayo, and time for project planning and brainstorming.
Sunday, March 8	11:30 AM - 1:00 PM	IMC meditation hall, 108 Birch Street, Redwood City 650-599-3456	<ul style="list-style-type: none"> practice, community building and project planning
Sunday, April 26: Dharma in the woods	12:30 PM - 2:30 PM	Huddart Park, reserved Oak Picnic area	<ul style="list-style-type: none"> Connecting with and honoring the earth/practicing in nature. Sitting and walking meditation, individual practice, and community time in the redwoods. Liz Powell, will be the dharma teacher. She is an early leader of Earth care at IMC. (Carpool from IMC at noon. Rain or shine)

Questions or comments: anneschmitt2344@gmail.com

*No cost – Donations Welcome – No Registration Required
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